

Miracle Mineral Supplement

Possibly the most important discovery known to man!

The logo for mmsfacts.com is centered within a thin black rectangular border. It features the text "mmsfacts.com" in a bold, black, sans-serif font. Below this, in a smaller, lighter font, is the tagline "You have a right to know!".

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I'd like to start off first by saying thank you for willing to do something the majority of American's don't and that is to at least be willing to consider that modern medicine is not the only choice you and your loved ones have in today's magic pill society. This guide is merely a compilation of information we have gathered since we started researching the Miracle Mineral Supplement which will be referred to as MMS and the Federal food and Drug administration will be referred to as the FDA throughout this guide.

This guide will focus on MMS, but we will discuss other problems such as heavy metal poisoning, possible alternative treatments for cancer and other illnesses and the "system" in general.

I need to state that I am not a doctor nor what is given in this guide should be construed as medical advice. The information contained here is from published works by Jim Humble, various real life personal experiences, submitted testimonials and from published articles. You should always use proper judgment before starting a new lifestyle. That being said here is the proper disclaimer the Federal Food & Drug administration would like to see provided...

The statements made in this document and on our websites have not been evaluated by the FDA (U.S. Food & Drug Administration). Our products are not intended to diagnose, cure or prevent any disease.

If a condition persists, please contact your physician. The information provided by this guide and our website is not a substitute for a face-to-face consultation with your physician, and should not be construed as individual medical advice. The testimonials in this guide and on our website are individual cases and do not guarantee that you will get the same results.

What is MMS?

MMS is just a name given to the formula “discovered” by Jim Humble in 1999 while deep within the mining jungles of South America. Jim is a scientist by trade and the discovery was almost accidental. Members of Jim’s mining team had contracted Malaria days away from any medical facilities. Jim had no radios or cell phones to call for help.

Luckily he had a substance called stabilized oxygen with him. He gave the infected men a drink which consisted of water and many drops of stabilized oxygen. Within hours they were greatly improved, they stopped shivering, got their appetite back and were eating. In days the men had no signs of the life threatening Malaria and Jim was completely amazed at the outcome.

Jim’s discovery would change the course of human health history forever. Once he realized what he was on to he wouldn’t stop until he knew what exactly was occurring. He discovered that stabilized oxygen didn’t always work; it had a success rate of around 70%, but Jim wanted to know why?

During Jim’s search for an answer he was bitten by several mosquitoes unintentionally and contracted Malaria himself. Making a possible fatal decision he waited to start treatment until he could get his blood tested by a hospital to document his results. The blood test results confirmed he had Malaria; he started his own specialized regiment of what would evolve into MMS. He went back to the hospital a few days later and his blood tested negative for Malaria, Jim was sure he found the cure for Malaria.

Jim now knows that MMS can be very effective against much more than just Malaria. People have used it for Lyme Disease, Cancer, Flu, everyday colds and viruses and much more as we’ll discuss later on in the guide. But for now I hope this brief history of MMS will suffice.

If you want the entire history you are welcome to buy Jim’s book which goes in to further detail at <http://www.mmsfacts.com/discount>

WHAT IS MMS MADE OF AND IS IT SAFE?

MMS is merely a chemical formula **NaClO₂** (sodium chlorite) and when activated with citric acid it turns into Chlorine Dioxide which is found naturally in the human body to fight off disease!

You may be thinking isn't Chlorine extremely dangerous, yes it is! But Chlorine Dioxide is NOT the same as the Chlorine you clean your home and wash your clothes in.

While chlorine dioxide has chlorine in its name, its chemistry is radically different from that of chlorine. The way it works is almost magical. It has to do with the way electrons interact with one another. As we all learned in high school chemistry, we can mix two compounds and create a third that bears little resemblance to its parents.

The use of Chloride Dioxide for human consumption is not new, in fact it has been used for the bleaching of flour and for the disinfection of municipal drinking water. The Niagara Falls, New York water treatment plant first used chlorine dioxide for drinking water treatment in 1944 for phenol destruction. It is also quite commonly used in food processing.

Jim has an easy to follow set of instructions when taking MMS, it's virtually impossible to be in any danger when following his protocol. Each bottle of MMS from <http://www.mmsfacts.com/discount> comes with the proper instructions and is the authentic Jim Humble formula.

I personally started MMS a while back and have felt great ever since, some people do get nausea, but believe it or not that is a good sign that you are ridding your body of toxins and is often short term. In fact my wife, mother and children are all now taking MMS; you better believe I think it is safe if I allow my children to take it, of course for them, we mix it with grape juice, but more on this later.

WHY ISN'T MMS MORE WIDELY KNOWN?

I'm not a conspiracy theorist, but I am a realist. The drug companies make over 200 BILLION a year and spend close to 4 BILLION on TV ads pushing their "fixes". Do you think they want you to know about MMS which has reportedly cured many diseases and only costs pennies per dose compared to the hundreds of dollars some of these drugs cost per single dose.

The drug companies spend less than 1/20th of their income to develop new drugs and research. The rest, well they have shareholders you know, highly paid executives with private planes and don't forget about all the expensive lobbyist they have to pay to make sure their rights are protected.

In fact Jim Humble made this statement in his book...

" FDA has announced its intentions of shutting down at least 50% of the alternative medical businesses. The new law enacted by congress gives the FDA the right to require that all supplements be tested to prove their efficacy. That means that the FDA can stop any supplement at any time and require testing. It could cost up to \$100,000,000 for a single supplement. While more than 900,000 people die from drugs each year, the health industry does not average one death a year. But should someone even report being sick from a health supplement the FDA can and does stop every supplement of that kind in the country. In several cases, even though nothing was wrong, the supplement was never allowed back on the shelves. Now with this new law, just from what they have said they are going to do, it is obvious that the FDA intends that nothing but drugs will eventually be available to those who are sick. "

In my opinion drugs treat the symptoms of the problem, but never try to cure it. I'm sure you have found others that said similar statements. I have watched family members start on a drug only to have side effects from that drug and then need another drug to treat the side effects and the rollercoaster continues. All at the expense of the persons health and income.

My uncle had cancer; before they would operate they wanted him to sign over his bank accounts and any other valuables to them. Rather pathetic if you ask me. In fact he was MUCH worse off after the operation (he died

less than a week later). The system is in place to prevent people from learning about alternatives and treating themselves. Imagine the money the drug lords would lose if we found safer and cheaper ways to treat ourselves. They don't care about you, or your love ones! Get those commercials where everyone is smiling out of your head, and think about all the people lying around rotting due to the poor medical system we have today.

In fact Chemo therapy is opposed by close to 75% of the very doctors that prescribe it for their patients*. They would not take it if they had cancer so why the hell do they prescribe it then?

Having a hard time swallowing this fact?

Here are a few references to this fact...

[*http://www.sereaneambition.com/blog/jimselman/entry/cancer1](http://www.sereaneambition.com/blog/jimselman/entry/cancer1)
<http://www.cancernetwork.com/display/article/10165/66128>

I have my personal reasons why I want everyone to know about MMS, I don't care if you never support my website or buy a single thing from me. I do care that you get every bit of information you can to make the best decision for you and your loved ones. I do want Americans to wake up and see what rights are being taken away in the name of protecting us.

At the time of this writing a bottle of MMS is about \$20 at <http://www.mmsfacts.com/discount> and if that bottle has hundreds if not thousands of doses (depending of the amount of drops you are using) and it prevents you from expensive doctor visits or buying high priced drugs and experiencing the common side effects leading to more doctors and more drugs; wouldn't you think the drug companies would want to stomp it out?

IS MMS A SCAM - MY PERSONAL EXPERIENCE!

I posted an article about this on our site <http://www.mmsfacts.com> and want to share with you my personal feelings on MMS and perhaps save a life or two.

This is an exact copy and paste from that post...

“I know for certain there are many scams on the Internet preying on people who are desperate and willing to try anything and it’s a crime against humanity. I can tell you first hand when I found out my mom had cancer I ran across all kinds of “natural cures” and while I fully believe in natural cures, some of these “cures” were so ridiculously priced it wasn’t even funny.

You have to be careful with buying just about anything online these days, there is always some con-artist looking to make a fast buck, what concerns me when they are willing to put someone’s life at risk to do so!

I started my research on MMS (Miracle Mineral Solution / Supplement) months ago and the first thing that hit me was the inventor Jim Humble was not trying to make money off this incredible discovery, no instead he was on a mission to help people.

Next thing was this guy seemed to know his stuff, explaining why MMS works and even tells you how to make it. After reading the instructions on how to make MMS I decided it would be better if I just purchased it pre-made instead of trying to save a few dollars on something that was some important for me to get right, I have since learned that unless you are buying huge quantities of the ingredients it is no where as cheap as buying it by the bottle instead of making it yourself!

After reading his huge book I concluded Jim had laid it all out on the table for everyone to see, his reasons for making MMS public, how you can make it yourself and his thousands of documented cases of it's remarkable cure rate for Malaria in Africa.

He included copies of letters from the government officials and various doctors on their success with it. I was impressed but being the person I am I wanted more information, I came across videos from doctors who have tested MMS in Mexico (because the FDA would not allow it to be used as a treatment in the US!) and again they claimed the same as Jim did, MMS works and it works fast on many ailments.

Sometimes you just have to try something yourself to really see if it works for you. I started taking MMS a few months back and feel great; my wife started on it and started our children for general prevention. I got my mom who HAD breast cancer on it. Did the MMS cure her cancer you may ask, not directly. See she only took it 6 weeks until her operation, BUT before she started the MMS they thought they would have to remove her entire breast, and a few lymph nodes. It was about 4 weeks after she started MMS, so told me she was feeling better, the lump seemed a lot softer and smaller. When she went in for surgery they found out it did NOT spread, was smaller than "expected" and did not have to remove her breast or lymph nodes.

I started my mom out on MMS, Essiac tea, Paw Paw, plus some specialized vitamins. I truly believe that this is the reason her "lump" shrank, the cancer didn't spread (I think the smaller parts they did spread were killed) and they did not have to remove her breast. So do I think MMS is a scam... Hell no!

If you read our various articles here at www.mmsfacts.com you will see many people reporting first hand MMS works for them."

OK that was the post, but I like to add more I did not mention my uncle in the post, but since he died a very painful death I refused to let my mother

experience anything near what he did. And since her brother went thru the living hell he did, she was willing to try about anything. She hit the regiment fast and hard. I got her a book called “**Cancer Free**”by **Bill Henderson** found at Amazon.com, while Bill doesn't mention MMS (mainly due to the time the book was written and how new MMS is) he does give some very solid advice about treating cancer yourself.

I took Bill's knowledge and what I learned about MMS and I feel strongly today that this information and combination of MMS, vitamins, Paw-Paw with Essiac tea is the reason her cancer shrunk so quickly! Not only that but her breast was saved, needless to say she was overcome with joy and my family thinks it's a miracle.

I want to stress that MMS is good for so many things, we have mainly spoken of Malaria and Cancer so far. I just had to share my personal experience with MMS to reinforce to you the reader that I have personally used it and my loved ones. I truly believe it can save many lives and improve the quality of health for many suffering.

In this guide I decided not to include any testimonials, but to keep an updated web page with testimonials from others who have used MMS successfully. I think it's important to give people hope, I know doctors rarely admit it, but attitude is very important to beating any illness. And to have hope is the best gift you can give someone. While MMS isn't a magic pill and an instant cure all, it can be very valuable in restoring one to a healthier state of being. The testimonials can be found at

<http://www.mmsfacts.com/real-life-results-with-mms-testimonials>

Jim Humble has over 75000 documented successfully treated Malaria cases alone, not including the thousands of other people who decided their health was their own to take control over.

If you have any success stories you want to share please email them to mmsfacts@gmail.com

MMS FOR DETOXIFYING

The chemical characteristics of MMS make it very effective at detoxifying; this includes removal of heavy metals such as Aluminum, Lead & Mercury from the body.

First I will take an excerpt from Jim Humble's book to help explain this...

“Sodium chlorite (Stabilized Oxygen) is highly alkaline, that is the opposite of acid. When it is neutralized it becomes unstable and begins to release, not oxygen, but rather chlorine dioxide. But that is where the oxygen comes in. The formula for chlorine dioxide is ClO_2 . That's one ion of chlorine and two ions of oxygen, but the body cannot use that oxygen. It has already lost its ability to oxidize. The chlorine dioxide ion however, in this case, has a powerful ability to oxidize. Chlorine dioxide is a powerful explosive. It cannot be contained as it will explode and destroy the container. It is always generated where it is used because it cannot be moved. Even a particle as small as one ion of chlorine dioxide will explode when it hits the right thing, namely a pathogen in the body or some other item more acidic than the body.”

So if MMS can get rid of pathogens and heavy metals such as Lead and Mercury this is incredible news for people with Autism. Many believe Autism and Mercury poisoning are linked.

Another excerpt about MMS and Mercury from Jim Humble's book...

“MMS oxidizes the heavy metals within the body. I believe this because there have been a number of tests where the hair roots were checked before and after taking MMS. Afterwards, the heavy metals were gone. That includes mercury and lead and several other metals. Unfortunately, hair root testing is not totally accurate, but it is a good indication. Oxidation of the heavy metals is not the same process as chelating, but the results are the same. When a heavy metal is oxidized it is neutralized and is simply washed out of the body.”

From what Jim states is that MMS will go after these foreign materials in the body and simply wash them out due to their acidic nature.

Lead was used in most paints and car gasoline up until the late 70's when it was removed by law. Many children ingested lead based paint and suffered

greatly from lead poisoning. There is currently another debate about “Silver” tooth fillings, which contain little silver. Instead they are made of an alloy called amalgam which is made of mercury and other metals. Until recently scientists thought it stayed put in the filling. Then in 1979 some researchers found that chewing can release small amounts of mercury from old fillings.

But yet they still use amalgams today, in fact many insurance companies won't pay the difference for composite fillings for certain teeth because the ADA (American Dental Association) does not see any risk of Mercury exposure from Amalgam fillings. The debate is whether or not Mercury leeches in to your body from the filling. I don't see why this is so hard to prove. Leave it to our protectors FDA / AMA / ADA to decide for us.

Here is a video on Youtube which shows how much Mercury is given off just by chewing with Amalgam fillings...

<http://www.youtube.com/watch?v=9ylnQ-T7oiA>

So I feel Amalgam-filled teeth are dangerous and realize not everyone can afford to have them immediately removed. I would suggest detoxifying often if you have Mercury teeth or other possible heavy metals in your body.

Mercury fillings, gas and paint are just a few ways that heavy metals may enter ones body. Aluminum cans for beer and drinks are thought to leak aluminum and metal cookware especially aluminum and Telfon.

In fact we have gone away from Teflon and all metal cookware and switched over to all Glass cookware. Unfortunately many manufactures in the US no longer make Glass cookware so it is hard to find except on eBay, I made a custom search link below to make it easier to find

[Click me to see recommended Glassware Cookware on eBay](#)

We use the Visions cookware personally and it performs wonderfully and we know we're not being poisoned by metals and other chemicals.

EVERYDAY USES FOR MMS

Sure the majority has reported using MMS for major illnesses, but it can be used for much small common issues!

This is another word for word post off of <http://www.mmsfacts.com> . I highly suggest visiting our site for the most up to date information about MMS and it's various usages and success stories. An ebook book can never be as current as a web site!

From the post...

“MMS has possibly hundreds of multipurpose uses around the home no wonder it's called the Miracle Solution, look at what all it can be used for and the money you can save by using it!

In addition to MMS being an essential addition to your medicine cabinet, it can be used for other things as well. It could easily be recognized as a multipurpose household product with its ability to act as a water purifier or an effective replacement for over the counter deodorant. MMS is safe for you as well as the environment and very affordable.

Deodorant:

If you're interested in doing away with pricey over the counter deodorants that contain harmful aluminum and various other toxic chemicals then merely activate five drops of MMS and after the three minute wait weaken it with 1/3 cup of water. Dip fingers into the fluid and apply a few drops to your armpits; instant pathogen free long lasting deodorant.

Treat abscessed Teeth or Bad Breath:

MMS mixture for treating externally abscessed teeth or bad breath. Use six drops of MMS, add ½ tsp of lemon, lime or citric acid. Wait for 3 minutes then mix ¼ cup of water. Brush your teeth with the solution, making sure you do not leave it in the mount longer than 60 seconds. Pain from an abscessed tooth should subside within 4 hours. It is also known to tighten loose teeth and clear up most oral infections.

Important tips when using MMS on the body externally:

When using MMS on the outside of the body, it is important to take extra precautions. If used full-strength MMS has been known to burn the body OR weaken cells, making you more susceptible to bacteria or infection. This can be avoided simply by making it a general practice never to exceed 10 drops of MMS solution activated with citric acid for external uses.

Jock Itch or Mosquito Bites:

To treat jock itch or mosquito bites, activate 6 drops of MMS and mix it with 4 ounces of water. After applying hydrocortisone lotion to the effected area, spread the MMS solution. Generally clears up within four days. For mosquito bites or sores on the head, use the same mixture as for jock itch. Apply directly to bites/sores and you should experience relief within 3-6 hours. (Please note, when used for scalp irritations, if used daily, it has been known to bleach the hair blond).

For more at-home treatments using MMS, you may purchase “Breakthrough - The Miracle Mineral of the 21st Century (Book)” at <http://mmsfacts.com/discount>

One bottle of MMS contains hundreds if not thousands of servings depending on the strength you are administering.”

HOW TO MIX & ACTIVATE MMS

This was taken from a post at MMSFACTS - <http://www.mmsfacts.com>

“MMS formula is a mineral supplement that kills pathogens, mold, fungus and bacteria in the body. It is virtually harmless, however, minor side effects may be experienced.

Unlike the many life threatening side effects experienced from chemical drugs promoted by the FDA, MMS generally has few side effects which are not life threatening but include nausea, vomiting or diarrhea. However, these side effects are actually positive, as it is the result of bacterial die-off in the body; ridding itself of toxins. It is as if the body knows what is needed when MMS is taken. Sometimes, the nausea side effect may even be prevented by eating an apple prior to taking the MMS solution. And while the apple helps with absorption of toxins, it does not interfere with the MMS results.

When including the MMS regimen in your daily routine, it only takes a mere three minutes of your time. Normally an individual will begin with only one drop of MMS. For someone extremely ill, it should be reduced to 1/2 drop (yes, this is possible), with the intention of working up to 15 drops daily for optimum results.

Prior to making the MMS solution you will need to have citric acid solution on hand. This is very easy to make and extremely affordable. Simply purchase citric acid powder at your local grocery or health food store and be sure to have distilled or purified water on hand.

When mixing the citric acid (also known as the mms activator), mix one part citric acid to nine parts water.

Once ready to make the solution, the ingredients you'll need are MMS, citric acid (or lemon juice or vinegar), and 100% natural apple or grape juice (the fruit juice cannot contain ascorbic acid, as this will deactivate the solution).

In a glass, add one drop of MMS to 5 drops of citric acid solution (or lemon juice or vinegar). Swirl around and allow to set for 3 minutes. Note: be sure to activate for a minimum of three minutes, but as long as it is consumed within one-half hour, it will still provide positive results.

After the 3 minutes, add juice for taste and drink.

If you are very ill or experience too many side effects, cut back the dosage and reduce the one drop to 1/2 a drop simply by mixing a full drop of MMS with citric acid solution and adding fruit juice, then discard half of it.

If you happen to experience an intolerable amount of nausea, a reliable antidote is to simply drink 1000 MG of vitamin C added to a glass of cold water. Bicarbonate of soda also acts as such an antidote, by using a level teaspoon of bicarbonate or taking an Alka-Seltzer tablet in a glass of water. If you use the vitamin C do not use the bicarbonate of soda or Alka-Seltzer. Use either one but not both.

MMS Warnings: (1) Do not allow children to use MMS unsupervised. (2) Do not allow MMS to set in direct sunlight even if it is in a colored bottle as it will create pressure in the container which could rupture and cause severe burns. MMS that has set in direct sunlight can cause very painful burns. (3) Never allow full strength MMS to remain on your skin for more than 10 seconds as it can cause mild burns.”

If you prefer not to make your own citric acid activator solution that's not a problem because the activator can be purchased for less than \$3 a bottle at <http://mmsfacts.com/discount>

WHY MMS MAY CAUSE NAUSEA AND HOW TO STOP IT

This was taken from a post at MMSFACTS - <http://www.mmsfacts.com>

“If you’re not involved with MMS (also referred to as Miracle Mineral Supplement or Solution) as of yet, the wellness benefits and recommendations have evidenced to be extra-ordinary. Folks report being completely cleared of malaria, tuberculosis, and other pathogens that disappear from their blood tests - oftentimes in 2 to 10 days. Using authoritative directions, MMS users begin with a single drop in the morning and in the evening (mixed as instructed). The succeeding day they move up to 2 drops in the morning and in the evening, etc. Finally at the 15 drop (or higher) level they remain at that high level for 5 to 7 days, and then fall back to a small maintenance level of 4 to 6 drops twice every week.

Why do people get nausea when taking MMS, remember about all the years of vaccinations and shots you obtained since childhood (containing mercury and formaldehyde also known as methanol). What about the monosodium glutamate in nearly every can of soup, and Aspartame in diet beverages and a hundred food products (adhering the nerves)? Many people cooked for years in aluminum cookware, today aluminum is in the brain along with fluoride and lead from the drinking water supply. Have you inhaled exhaust system fumes? Cigarette toxins inside your lungs? Mercury in teeth fillings? What will the MMS find to annihilate in your body - a lot or very little?

Being in the dark about your “infestations” it is suggested that MMS users begin with a very low dosage. Some people report experiencing diarrhea at the 2 drop level. Actually this is welcome and the sooner you get past this phase the better. You will be comforted to know that MMS does NOT destroy desirable flora, the acidophilus, and other welcomed aids that improve nutritional absorption. The bodily and chemical structures and PH levels of these organisms make them uninviting to the chlorine dioxide gas. Parasites and diverticular folds are promptly cleared out by ClO₂ in the blood stream. Old “stuck-stuff-unmentionables” might be discharged.

Whenever you understand how come nausea takes place, you could in all likelihood avoid it entirely. As you move upward in dosage drops, more ClO₂ gas is carried in the blood and it also goes further and deeper throughout your body with each passing day. With more of it going further, there will be a surprising moment when more pathogens, yeast, bacteria, viruses, and metals are collapsed into flotsam and jetsam particles.

They're genuinely garbage-toxins at this point and they are drifting in the blood. Shortly they pass through the liver where the toxins are tagged for excretion.

But a great deal garbage occurring too rapidly may put the elimination systems into stress, meaning it could not keep up. These excessiveness toxins wind up back in the stomach. In that location they are recognized as "bad food." Nausea may cause you to walk about the house all day holding a small bucket - UNLESS you realize how to avoid it.

I have discovered that the instant you feel nausea after raising your dosage that these following antidotes work extremely well.

Whenever crippling nausea erupts abruptly without any warning, the antidote that ceases further production of ClO₂ gas is to promptly drink water with around 2 tea spoons of baking soda. That will neutralize the production of ClO₂. Because there are toxins in the stomach already, after you halt ClO₂ production it could be thirty to sixty minutes before nausea ends. An alternative antidote is orange juice, or vitamin C (also referred to as ascorbic acid) which also diminishes the production of ClO₂ gas. You could take 2-4mgs of vitamin C to inactivate the MMS and prevent throwing up. You'll still feel bad for a couple of hours but it works. And then go down to your "safe" dose and remain there for a couple of days or even a week or longer. Remember that MMS is a extremely concentrated solution, and it will work still in a much more diluted form. Therefore, please do not hesitate to decrease your drops till you feel very at ease taking them.

Still even a single drop of this stuff will have a benefit to you over time and increase your drops slowly!"

WE ARE JUST GETTING STARTED!

This is the end of the guide for now but member it's only the first edition of this guide and I expect to be adding to the list of uses for MMS. It should be obvious that MMS is a great addition to your medicine cabinet for multiple ailments.

There have been many stories of how MMS has treated minor and major health issues when used. Whether you are simply seeking a maintenance product that will provide better overall health, treating a chronic disease or terminal illness, for yourself and loved ones to learn more about MMS; MMS is a great choice!!

MMS has reportedly provided positive results for many, in the treatment for:

- asthma
- diabetes
- weight loss
- acne
- dandruff
- heartburn
- sebaceous
- insect bites
- cysts
- burns
- insomnia
- gingivitis
- plantar warts
- Hepatitis C
- urinary tract infections

These are just a few illnesses that MMS has been reported work on. And while common side effects such as nausea and diarrhea may occur, all in all they are positive effects because it is essentially ridding your body of dangerous toxins. The brief discomfort is well worth it when you consider the positive outcome.

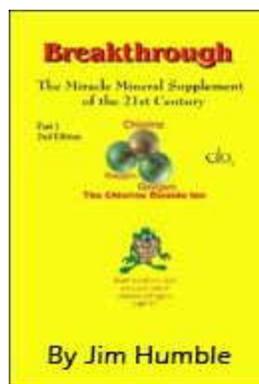
If you found an effective use for MMS please share it with us, email us at mmsfacts@gmail.com



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